

# The Lifestyle

February/March 2018 | £3.99

## Library

# WIN!

An overnight spa break for two to Cliveden House worth £800

### Skin deep

6 things a dermatologist wants you and your skin to know

### The Land Down Under

Adventure with the top travel experiences in Australia

# 5

no-excuse workouts you can do anywhere



### How to live a sustainable life

Become eco savvy with our 18 page go-to guide on conscious living

# Emma Stone

Oscar nominated Emma Stone talks tennis, feminism and dreaming big



## HOTEL &amp; SPA REVIEW

# Hartwell house country house, Buckinghamshire

TLL visited Hartwell House to find out whether it's regal history would mean we were treated like royalty

**H**artwell House, previously home to exiled King of France Louis XVIII, is one of England's stately homes. The house is set in over 90 acres of stunning gardens and parkland which are steeped in history, dating back to the start of the 15th century. The Spa is described as the 'heartbeat of personal wellbeing' at Hartwell House and offers a wide array of treatments to help you relax and unwind during your trip.

### Best For:

Relaxing walks in the historic gardens, spa treatments, fine dining, relaxing in the house and grounds

### Things to do:

The house and gardens are steeped in history and a 'must do' is taking a guided garden tour with the head gardener. An essential part

of a visit to Hartwell House include relaxing, unwinding and re-energising in the Spa. Try a BIOEFFECT Facial, we deem it as one of the best we have had and noticed effects straight away.

### Other Facilities:

Take a day trip to Bicester shopping village, Silverstone or the Harry Potter Studios which are all located close to the hotel

### Highlights:

The stunning settings delivered peace and quiet a stone throw away from London. The



dining rooms offer a sophisticated experience and the dining service is just exceptional. The long walks and spa treatments helped us unwind whilst the educational tours of the house and libraries left us feeling cultured and informed. Plus the afternoon cream teas were something very special!

### Improvements:

Make sure you phone down to reception if you want tea and coffee in your room, there are no facilities in the room, and it wasn't mentioned to us at check-in that they offered this service.

### Cost:

B&B priced from £250 per night based on two sharing a court bedroom and £310 per night based on two sharing a bedroom in the main house.

### Special Offers:

Special offers and packages are regularly promoted on the Hartwell House website. Check out their Bicester Shopping Village break at [www.hartwell-house.com](http://www.hartwell-house.com)

### Rating:



**"The stunning settings delivered peace and quiet a stone throw away from London"**



For more information visit [www.hartwell-house.com](http://www.hartwell-house.com)