



7p

**ON THE FARM  
FOR CHRISTMAS  
WITH PAUL O'GRADY**

**BARGAIN BUY**

The *best*  
supermarket  
Xmas food  
buys

# Best

**GHAN**  
very  
modern  
princess

secrets  
the  
fairy-tale  
romance

**SHOCK SPLIT**

**DEVASTATED  
DAVINA**

'I've made so  
many mistakes'

**20%  
OFF**  
AT  
**M&Co**  
T&Cs APPLY

**Cuties  
on duty!**

**Meet the  
real Forces  
Sweethearts**

ND SEA LORD

12 DECEMBER 2017 ISSUE 49



**HELLO PARTY  
DRESS!**

**LOSE UP  
TO 7LB BY  
SUNDAY!**





# Christmas time in the

## CHRISTMAS PAST

Hartwell House Hotel & Spa, Buckinghamshire

A beautiful blend of Jacobean and Georgian architecture, this Grade I listed house is set in 90 acres of grounds. A historic masterpiece, Hartwell is the perfect for a short break – and it's an hour by train or car from central London.

Step back in time in the impressive dining room, drawing rooms or library for afternoon tea with a seasonal twist. We're talking turkey, stuffing and cranberry sarnies, chestnut and vanilla éclairs, Christmas pudding and glasses of fizz in front of a roaring fire.

With its colourful royal history – exiled French king Louis XVIII once lived here – plus its antique furnishings, original artworks and magnificent Rococo ceilings, it's the perfect setting for a festive hoo-ha.

Sip cocktails and graze on canapés before being serenaded by a pianist during a celebratory luncheon (until 22 December). Choose from delights like gin-cured sea trout, pheasant



A taste of gracious living in a listed stately home

breast and crab salad.

For dinner, feast on slow-roasted fillet of beef, warm partridge salad, pan-fried duck liver or Aylesbury duck confit.

The hotel spa includes a pool, sauna, steam room, spa bath, outdoor hot tub, tennis courts and gym. Bespoke treatments from trained therapists include Bioeffect, an award-winning Icelandic skin care range using plant-derived ingredients.

**Rooms from £230 per night, based on two sharing, and £310 per night in the main house (including breakfast),** [hartwell-house.com](http://hartwell-house.com)

Take a winter break at National Trust stately home. From tea by the fire to feasts of seasonal game sipping cocktails in a spa 'tis the season to be jolly.



Enjoy a racy stay in York at this elegant hotel

## CHRISTMAS PRESENT

Middlethorpe Hall & Spa, York

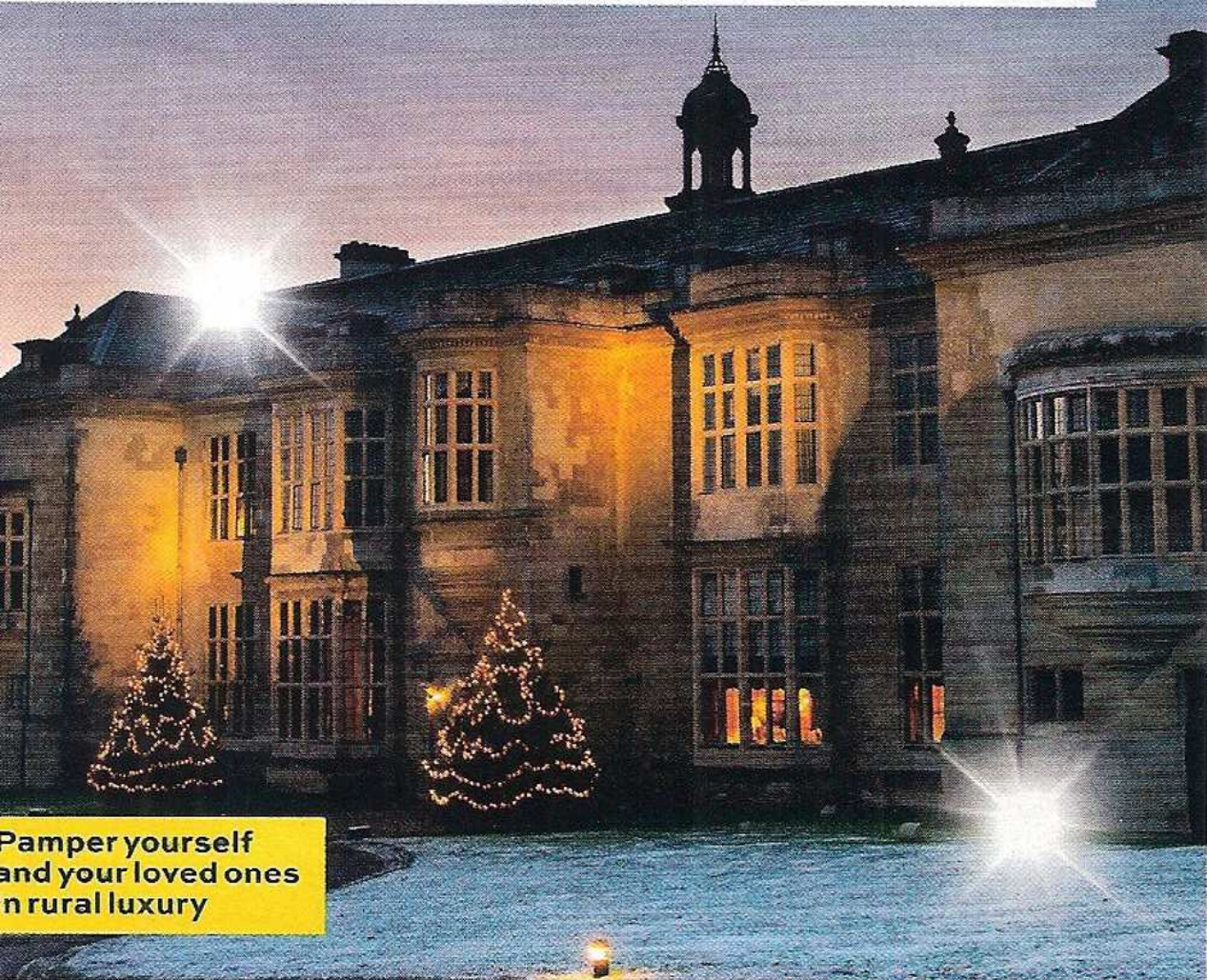
An elegant country house hotel crammed with character – imagine grandfather clocks, grand interiors and 20 acres of flawless, manicured gardens. Slap-bang next to famous York Racecourse, you're only two miles from the city centre.

You can happily stay put, though, in the 1699 wood-panelled dining room, with an exceptional, locally sourced six-course

tasting menu. Enjoy cocktails on the terrace while keeping your eyes peeled for a glimpse of roe deer dashing through the gorgeous grounds.

Housed in a cute cottage and a summer house are the spa and treatment rooms, which include an indoor pool, sauna, steam room, Jacuzzi and mini gym.

**Rooms from £130 per night,** [middlethorpe.com](http://middlethorpe.com)



Pamper yourself and your loved ones in rural luxury



# Country



Have a celebratory feast of fine dining – it's Christmas!

best for ESCAPE

## CHRISTMAS FUTURE

### Bodysgallen Hall & Spa, North Wales

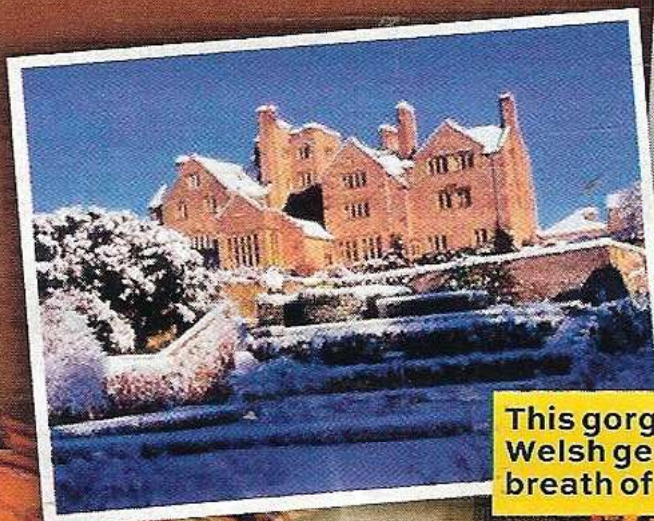
This could be the perfect present to yourself or a loved one during those cold January days when you are trying to recover from all that Christmas over-indulging! For an extra-special weekend break, head to historic Bodysgallen Hall.

Dotted with original features, this Grade I listed 17th-century mansion has an impressive 13th-century tower at its heart. The house is a must for history buffs, and the knowledgeable

staff can help bring the enthralling stories of the past to life.

Situated near Llandudno and surrounded by breathtaking beauty, Bodysgallen can offer a fascinating history, remarkable interiors and rambling gardens for you to walk off your Christmas feasting. Together with a fabulous restaurant and spa, it's a dream hotel for any time of year.

Rooms from £185 per night, [bodysgallen.com](http://bodysgallen.com)



This gorgeous Welsh gem is a breath of fresh air



## 3 things you didn't know about THE NATIONAL TRUST

1. Membership costs from just £64.80 per year. That gives you free entry to more than 500 places in the UK, plus free parking and a handbook. If you're considering buying this as a gift, order before 11 December to guarantee the welcome pack arrives in time.  
2. You can book a trip to visit

Santa! Father Christmas has set up in his grotto at certain National Trust venues. Visit [nationaltrust.org.uk](http://nationaltrust.org.uk) for info.  
3. The NT isn't just about country walks and stately homes: it also owns over 35 historic pubs throughout the UK, perfect for a lunch out over the festive period.