

FEBRUARY 2018  
£4.40

goodhousekeeping.co.uk

# Good Housekeeping

## BEAR OF YOU!

**\* GET ORGANISED,  
UPDATE YOUR STYLE  
& HAVE WINTER  
SKIN THAT GLOWS**

### THE GP TIP THAT WORKS!

*Shape up  
improve sleep  
boost energy*

### DRINKING WATER? How to kick booze benefit

# Get wealthy & wealthy...

*and find time for you!*

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- \* Puddings w the cal

**Good Housekeeping Institute**  
TRIED & TESTED

**Tried & Tested**

- ✓ Smoothie maker
- ✓ Flower delivery ser
- ✓ Lip plumpers ✓ D
- radios ✓ Shredder
- ✓ Macarons
- ✓ Malbec

# The Travel Edit

THE WORLD, SIMPLY  
SPRING/SUMMER

**TOP GETAWAYS  
FOR 2018**

Find your perfect escape

**CHOOSE THE  
RIGHT CRUISE**

Amazing journeys await

# Don't just DREAM IT

**WONDERS OF  
THE WORLD**

9 iconic trips to start  
planning TODAY

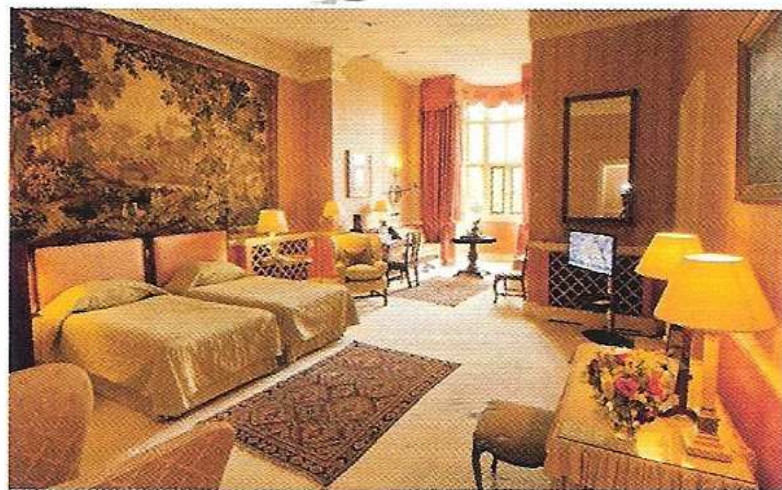
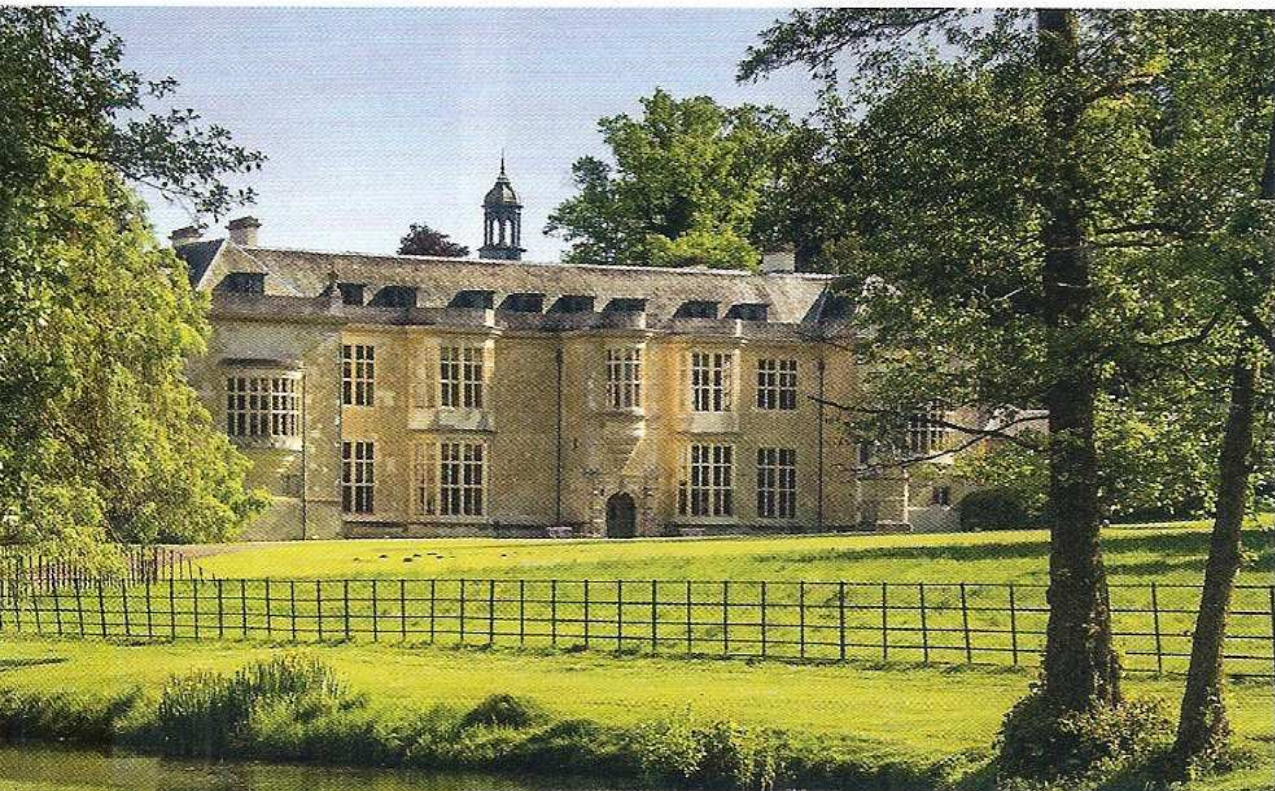
**MAGIC OF  
THE MED**

Relax, recharge,  
rediscover...

Amalfi • Peru • Nova Scotia • Thailand • New South Wales • Caribbean

# Delightfully different

From a stately home to a beautiful lighthouse, you're guaranteed a memorable holiday in any of these



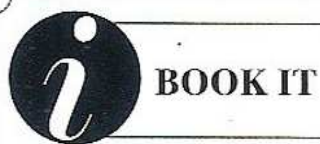
## HOLIDAY LODGE Somerset

Comfort and style at a snip

We fancied a change from a typical hotel or B&B, and found the answer in the form of a static caravan. These have received something of a makeover in recent years; a world away from the flimsy, cramped examples of days gone by, the latest generation of holiday lodges offer high-spec comfort and style without busting the budget.

Our Willerby Portland Lodge at Unity Holiday Resort in Brean Sands – a stone's throw from the beach on the Somerset coast – certainly lives up to this. Tucked away from the main accommodation and close to the resort's leisure facilities, our smart three-bedroom lodge includes a spacious and well-equipped kitchen, family bathroom and master bedroom with en-suite. It's also double glazed and centrally heated, making it ideal for a family friendly staycation even when the weather turns colder.

The Unity resort features a theme park with funfair rides and stalls, plus a water park with pool, 'splash zone' and water slides; there's also organised entertainment for adults and children at the on-site venue. In other words, there's plenty to do if you don't fancy venturing further than the resort. However, that would be to miss out on all the delights Somerset has to offer, including the scenic Brean Down coastal walk, which will appeal to nature and history buffs alike; the recently rebuilt Grand Pier at Weston-super-Mare, just a few miles away, and the dramatic rock formations of Cheddar Gorge. For shopping, pottering and marvelling at historic buildings, the cathedral cities of Wells and Bath are both close by, and if the sun is shining, a few hours spent playing games on the wide expanse of Brean Sands is hard to beat.



Doubles from £230 a night, including breakfast. Visit [hartwell-house.com](http://hartwell-house.com)



The average cost for 3-night weekend stay in a Willerby lodge is £500; visit [hru.co.uk](http://hru.co.uk).

## STATELY HOME Buckinghamshire

Follow in the footsteps of kings

Why stop at merely visiting a National Trust property when you can stay the night in one? Hartwell House is a sumptuously restored stately home near Aylesbury, set in 90 acres of parkland with a grand lake and a history that stretches back almost 1000 years.

A favourite of exiled monarchs (Louis XVIII of France, Gustav IV of Sweden), patronised by various heads of state and the venue chosen for a G7 summit, Hartwell will carry you back to a golden era of period interiors, furnishings and artworks. I love the notice in our bathroom advising guests to take care not to spill water 'as there's an 18th century James Gibb ceiling directly below'.

Enjoy this National Trust estate, but do make time to visit another, the almost-next-door Waddesdon Manor. Built by the Rothschilds in the style of a French chateau – one that looks as if it's been cast off from the banks of the Loire – it's an amazing treasure house within. No, it doesn't take paying guests, so compromise by stepping into the wine shop and buying a bottle from its French vineyards to accompany a dinner at home instead.